

# CHADASHOT



## In This Issue

[Friday Night Oneg](#)

[Upcoming Events](#)

[Publications](#)

[Parnas Hayom](#)

[Sunday Learning](#)

[Matching Gift Opportunity](#)

[Tweeting Up A STORM](#)

[Follow Us on Facebook](#)

[Volunteer for TAPA](#)

[Chadashot Archives](#)

[Yehuda Koslowe](#)

[Nominated as Presidential Scholar](#)

[TABC Rebbeim Visit](#)

[Alumni in Israel](#)

[TABC Shuts Down Frisch](#)

[Acoustic Engineering Lab](#)

[Torah and Athletics](#)

[Mock Trial Report](#)

[Pink Day is Wednesday](#)

[Nefesh B'Nefesh Israel](#)

[Mega Event](#)

February 3, 2017

7 Shevat 5777

## TABC Student Nominated to the U.S. Presidential Scholarship Program



Torah Academy of Bergen County is proud to announce that our senior Yehuda Koslowe has received a nomination from The United States Presidential Scholars Commission. The U.S. Presidential Scholars Program was established in 1964 by Executive Order of the President, to recognize and honor some of the nation's most distinguished graduating high school seniors. Each year, up to 161 students are named as United States Presidential Scholars, one of the nation's highest honors for a high school student. Each year 4,000 candidates are identified for their academic achievement, having scored exceptionally well on the SAT or ACT. Once nominated, students are reviewed by a committee based on

their academic achievement, personal characteristics, leadership and service activities, and the quality and content of their essays. Of the 4,000 nominees 800 will be named as semifinalists before the Commission names the 161 United States Presidential Scholars.

## TABC Rebbeim Visit Alumni in Israel

TABC believes strongly in the importance of keeping connected with our alumni and we are immensely proud that over 90% of our alumni choose to study in Israel for a year (or two) after graduation. This past week, Rabbi Michael Hoenig, Rabbi Steven Finkelstein & Rabbi Scott Friedman visited our alumni in their yeshivot in Israel, spending time connecting with them, learning with them and deepening the rebbetalmid relationships we value so much. To cap off the week, a big group of alumni participated in a Shabbat reunion in the old city of Jerusalem followed by a melave malka where they were joined by Rabbi Nosson Rich and his family, and treated to divrei Torah from Rosh Yeshiva, Rabbi Yosef Adler. For more pictures, click [here](#).



## Friday Night Oneg

All TABC students are invited to an Oneg tonight, Friday night, February 3, at the home of Rabbi & Mrs. Rich 689 Winthrop Road, Teaneck.

The Oneg will begin at 8:00 PM and conclude at 9:30 PM.

Please stop by and enjoy delicious food, divrei Torah, and hanging out with friends.

We look forward to



seeing our students  
there!



## Upcoming Events

February 3

Senior Mentor Shabbaton  
JV Hockey Shabbaton

February 6

Sophomore Night Out

February 8

Pink Day

February 9-11

Freshman Shabbaton

February 13

Sophomore Parent  
Guidance Meeting  
7:00 PM

February 16

Late Night Learning

February 17-20

President's Weekend  
No Sessions

February 20

Presidents Day Tefillah and  
Shiur with Rabbi Fridman  
(Details to follow)

March 3-4

Pre-Purim Shabbaton

March 7

Junior College  
Guidance Night



## TABC STORM Shut Down Rival Frisch in Thrilling Double Header



As students and fans from across the yeshiva league packed into the TABC gym for a double header between the Storm and their rival, the Frisch Cougars, the scene was set for a great night of basketball last night. With brothers Mo and Avi Proctor both out with injuries, TABC knew they were facing an uphill battle to victory. Click [here](#) full story [below](#).

by Eli Rifkind

## Israel Report

Please click [here](#) for the latest issue of the Israel Report

## Kol Torah

Please click [here](#) for the latest issue of Kol Torah

## Faculty Divrei Torah

Please click [here](#) for recordings of Divrei Torah by our esteemed

## Acoustic Engineering Lab

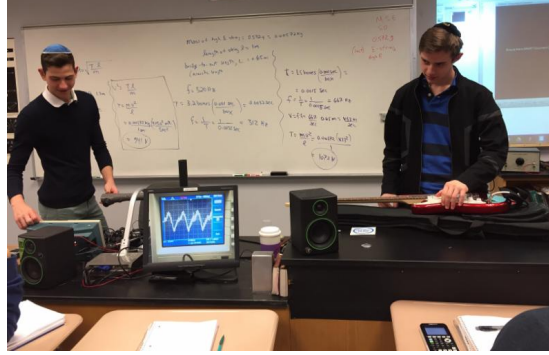


This week 11th grade physics learned how to calculate the force produced on the

faculty

## Eye of the Storm

Please click [here](#) for the newest issue of Eye of The Storm



neck of an electric guitar by the strings. This is a major exercise in the study of engineering since the materials used to construct the neck must hold off this tension. Here the frequency of a wave form is observed using an oscilloscope set at 0.001 second and 0.0005 second resolutions. This information coupled with the length of the wave produced on the string as well as the mass and length of the string ultimately calculates the high

tension the guitar strings produce on the neck.

## Parnas HaYom

We would like to thank our recent sponsors

Elana & Marc Rothenberg

Ari Clark '06

Freeda & David Muller

Chava & Ephraim Casper

To dedicate a day of learning or for other sponsorship opportunities, please contact Sharon Rifkind, Director of Development & Communications at [201.837.7696 x123](tel:201.837.7696) or [sharon.rifkind@tabc.org](mailto:sharon.rifkind@tabc.org).

## Torah and Athletics



TABC's daily shiurim ensure that every student receives the clear message that serious talmud Torah must be part of every ben Torah's regular routine. And while the STORM spirit is strong at TABC, many of TABC's athletes make time for learning even beyond what is required of them in the classroom either during Night Seder, at Tzurba D'Rabbanan, summer learning programs

etc. Avraham Gellman commented about being on the junior varsity hockey team, while also regularly attending Night Seder. "Obviously I love hockey and enjoy every aspect of it, but it is a huge commitment, with the many practices and games. At the same time, I also love learning, and know that I need to make it a priority. Therefore, I need to set a balance between going to Night Seder three times a week, and hockey during the week. In order to participate in both, I need to manage my school work which sometime means late nights. However, to be able to fulfill two of my passions is definitely worth it." In a similar vein, varsity basketball player Efrayim Saks succinctly explained his commitment to doing Tzurba D'Rabbanan. "Having priorities is very important. While sports and athletics are some things that I enjoy, Torah and my Avodas Hashem are far more important."

This commitment extends to the summer as well, as junior varsity basketball player Alex Ostrin articulated "while the summer represents a time of freedom, it is important to continue learning Torah, as a day without Torah is simply incomplete. Personally, I enjoy playing basketball and attended basketball camps this past summer; however, Torah must still be a priority. TABC provides several learning opportunities over the summer which makes Torah study easily available, and I was able to take advantage of many of them."

Similarly, Efraim Tiger, who plays on the varsity hockey team, joined with over 20 other TABC talmidim in going to the NCSY Kollel this past summer. He described the experience by saying, "I love playing hockey and over the summer I was able to pursue that by playing hockey while I was at Kollel. While I was focusing more on learning, it was also gratifying to be able to play competitive hockey along with, and against, the older guys who I was also learning so much Torah from."

So many important choices in life require striking a balance of priorities. We are proud of our students for creating this balance, allowing them to maintain the priority of Torah learning, while enjoying other pursuits as well.

## Sunday Learning

Sunday morning shiur with Rabbi Wiener is on!

8:50 AM Donuts & OJ  
9 - 9:45 AM Shiur  
in the Auxiliary Lunch Room

Join us and you get 1.5 hours of Night Seder Credit!

## Double Your Support of Our Yeshiva

Do you work for AIG? Goldman Sachs? Quest Diagnostics? Pfizer? One of the many other companies

listed [here](#)? Did you know that hundreds of companies throughout the US offer **matching gifts** to qualified 501(c)(3) organizations? Please inquire about matching your gift to TABC. For question, reach to [Sharon Rifkind](#) about Matching Gifts today.



## Tweeting Up A STORM!

Please follow the Students Activities Page on Twitter [@TABC\\_Activities](#). Rabbi Miretzky, our Student Activities Director, will be tweeting all about the excitement going on at TABC.

## Follow us on Facebook!

Facebook is a wonderful way to see exciting snapshots of what's going on in TABC between issues of Chadashot. Follow us by clicking Like [here](#).

## TAPA

TAPA is always looking for volunteers to help with programs and events throughout the year.

Please contact [tapa@tabc.org](mailto:tapa@tabc.org)

## Mock Trial Report



The Mock Trial team got off to a strong start with a 3-0 regular season, then defeated Ma'ayanot in the first round of the playoffs. Unfortunately, they were defeated by Northern Highlands in the semi-finals this past Wednesday night.

## Pink Day is this Wednesday



Pink Day 2016

This coming Wednesday, February 8th, marks the international observance of Pink Day to benefit Sharsheret. As you may be aware, the entire Pink Day designation originated here at TABC and is now recognized worldwide. All students, faculty and staff members are invited to come in their pink best.

The entire school will daven together at 7:40 followed by two personal reflections of family members who suffered from breast cancer. There will be a communal breakfast at 8:45 followed by the group picture in the gym at 9:15. At the beginning of period 2 all students will attend a shiur (there will be 5 options from which they will select one) on a theme related to Pink Day. Regular classes will resume period 3. We are looking forward to an exciting and meaningful day.

## Basketball Victory (cont'd)



The JV Cougars had not lost a single game in two years and were playing as well as

**CHADASHOT** TABC

Chadashot is now archived

Chadashot is now archived on our website. In case you missed a week you can click [here](#) to view past issues.



ever, but TABC was hungry to end that streak. The first quarter was shaky for TABC, who had to adjust to a smaller lineup with sophomore guard Akiva Hain starting in Proctor's place. Sophomores Joe Baron and Yechiel Keiser were subbed in to help handle Frisch's size, and brought some much needed energy to keep the game close. Nonetheless, with the Storm only scoring five points in the first quarter, they entered the second with an eight point deficit. However, that quickly changed thanks to lock down defense by TABC, who shutout the Cougars in the second quarter. Sophomore Gabe Gerszberg subbed in, and his aggressive defense was a key part in TABC's success in slowing down Frisch's potent offense. Thanks to scoring from sophomore forward Alex Ostrin, and the speedy freshman point guard Yoni Mann, TABC went on a 9-0 run and finished the half up one. In the third quarter, with freshman center Amichai Citron struggling to handle Frisch's multiple big men on defense, Coach Oz subbed in freshman Shmuli Coates who brought energy and successfully manned the paint. TABC continued to outplay their rivals, and entered the fourth quarter with a six point lead. The Storm then went on another run, with Mann and sophomore guard Jonathan Haberman scoring to put TABC up eleven. The Cougars managed to cut the lead to six, but great free throw shooting by Ostrin and Haberman kept TABC ahead to finish with a win. TABC handed Dovey Forman and the Cougars their first loss in two years, and have finally dethroned Frisch as the top basketball school. With a likely victory against the winless Westchester next week, TABC would clinch the number one seed in the league and home field advantage for the playoffs. They'll enter the playoffs ready to fight as they have their eyes on a championship.

After losing to the Cougars earlier in the season, the varsity Storm entered the game seeking revenge against their rivals. They opened the game with strong shooting and found an early lead, but two consecutive and ones in the last seconds of the quarter gave the Cougars a five point advantage. In the second quarter, the Cougars were able to expose the holes in the TABC defense, and went on an eighteen to five run, to put TABC at an eighteen point deficit going into halftime. Mo Proctor's absence was clearly felt, as it was hard for TABC to keep up without his size and athleticism. During halftime, the Storm must have really took Coach Oz's speech to heart, as they came out in the second half looking like a completely different team. With amazing shooting by senior guards Andrew Haberman and Raanan Kimmel, as well as shutdown defense by the entire team, TABC held the Cougars to seven points. They entered the fourth quarter down four, and were now well within striking distance. With forty seconds left and TABC down five, Kimmel nailed a three to cut the lead to two. After two missed free throws from Frisch, TABC caught a huge break when junior center Yoni Fine was fouled, and had a chance to tie up the game. With fans on the edge of their seats, Fine nailed both shots. Frisch brought the ball up looking for a final shot before the buzzer, but with five seconds left junior guard Efrayim Saks stole the ball and took it up the court for a floater from the free throw line at the buzzer to win the game. Everybody was stunned by the insane finish, but TABC had finally got their win against Frisch and the fans went wild. TABC finds themselves in the middle of the pack, but with newfound confidence after the huge win, look to finish their regular season strong with games versus Heschel and at SAR before entering the playoffs hoping to do some serious damage.

With the night bringing huge wins for both teams, the entire school was ecstatic about the amazing games and Coach Oz was very proud of the hard fought victories. However, the celebrations won't last long, as both teams need to get back to work in order to gear up for the playoffs where they hope to end the drought for the TABC basketball program by winning their first championship.

נפש Nefesh  
ב'נפש B'Nefesh

ISRAEL  
MEGA  
EVENT

FEB.26.NYC

# IMAGINE GREATER POSSIBILITIES

**Bigger and better than ever,  
this year's Mega Event offers  
something for everyone!**

More sessions and a wider selection of topics

Medical Professionals Seminar

Israeli "Shuk" with food & music

Children's Program

Vendor Fair with 50+ Israeli service providers

**SUNDAY, FEB 26, 2017**

**CHECK-IN & REGISTRATION:**

Retirees & Empty Nesters: **10:00am**

Medical Professionals: **10:00 am**

General Programming: **11:30 am**

Students & Young Professionals: **1:00pm**

See full Mega Event schedule online

**JOHN JAY COLLEGE**  
524 West 59<sup>th</sup> Street, NYC

**REGISTER TODAY:**

[WWW.NBN.ORG.IL/MEGA](http://WWW.NBN.ORG.IL/MEGA)


**Israel's more than a destination. It's our destiny.**

נפש Nefesh  
ב'נפש B'Nefesh

WORKING IN PARTNERSHIP TO BUILD A STRONGER ISRAEL THROUGH ALIYAH



Please note: if you opt out of any TABC emails using SafeUnsubscribe below your email address is automatically placed on the do not email list by Constant Contact and you will no longer receive any emails including all important announcements and emergency notifications. We are NOT able to add you back, and Constant Contact's procedure for you to add yourself back is complex.

 Like us on Facebook